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| **MUSCLES**  Neck Pain  Lower back pain  Mid-back pain  Upper back pain  Shoulders  Leg : Left / Right  Knee: Left / Right  Other: \_\_\_\_\_\_\_\_\_\_\_  Arm pain  Joint pain / stiffness  Walking problems  Scoliosis  Sciatica  Difficulty chewing  Clicking jaw  General stiffness  **NERVOUS SYSTEM**  Nervousness  Numbness  Paralysis  Dizziness  Confusion/Depression  Fainting  Convulsions/Seizures  Cold/Tingling extremities  Stress  Sweats  **MALE / FEMALE**  Prostrate problems  Sexual dysfunction  Menstrual irregularities  Vaginal pain/infections  Breast pain/lumps  Miscarriage  Therapeutic abortion  Hysterectomy  Menopause  Caesarean section  Pregnant | **GASTRO-INTESTINAL**  Poor/excessive appetite  Excess thirst  Frequent nausea  Vomiting  Diarrhea  Constipation  Hemorrhoids  Liver problems  Kidney problems  Gall Bladder problems  Ulcers  Hernia  Weight problems  Abdominal  Gas / bloating after meals  Heartburn  Black / bloody stool  Colitis  Difficulty with digestion  **CVR**  Asthma  Chest pain  Short breath  Blood pressure problems  Irregular heartbeat  Heart problems  Lung problems/congestion  Varicose veins  Ankle Swelling  Stroke  Chronic cough  Poor circulation  Phlebitis  **EENT**  Vision problems  Dental problems  Sore throat  Ear ache  Ringing in ears  Nose bleeds  Sinus problems  Contact lenses | **GENITO-URINARY**  Bladder trouble  Discoloured urine  Painful/excessive urination | |
| **INFECTIONS**  Hepatitis  TB  Herpes  HIV, AIDS  Planter’s warts | **DIET INCLUDES**  Caffeine  Alcohol  Tobacco  Dairy Products |
| **Check any of the following illnesses you**  **have had** | |
| Polio  Measles  Small pox  Diabetes  Arthritis  Eczema  Anaemia  Mumps | Pneumonia / Pleurisy  Rheumatic Fever  Whooping Cough  Chicken Pox  Cancer  Epilepsy  Multiple Sclerosis  Osteoporosis |
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| Torso shots.jpg | |