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| **MUSCLES** Neck Pain Lower back pain Mid-back pain Upper back pain Shoulders Leg : Left / Right Knee: Left / Right Other: \_\_\_\_\_\_\_\_\_\_\_ Arm pain Joint pain / stiffness Walking problems Scoliosis Sciatica Difficulty chewing Clicking jaw General stiffness**NERVOUS SYSTEM** Nervousness Numbness Paralysis Dizziness Confusion/Depression Fainting Convulsions/Seizures Cold/Tingling extremities Stress Sweats **MALE / FEMALE** Prostrate problems Sexual dysfunction Menstrual irregularities Vaginal pain/infections Breast pain/lumps Miscarriage Therapeutic abortion Hysterectomy Menopause Caesarean section Pregnant | **GASTRO-INTESTINAL** Poor/excessive appetite Excess thirst Frequent nausea Vomiting Diarrhea Constipation Hemorrhoids Liver problems Kidney problems Gall Bladder problems Ulcers Hernia Weight problems Abdominal Gas / bloating after meals Heartburn Black / bloody stool Colitis Difficulty with digestion **CVR** Asthma Chest pain Short breath Blood pressure problems Irregular heartbeat Heart problems Lung problems/congestion Varicose veins Ankle Swelling Stroke Chronic cough Poor circulation Phlebitis**EENT** Vision problems Dental problems Sore throat Ear ache Ringing in ears Nose bleeds Sinus problems Contact lenses |  **GENITO-URINARY** Bladder trouble Discoloured urine Painful/excessive urination |
|  **INFECTIONS** Hepatitis TB Herpes HIV, AIDS Planter’s warts | **DIET INCLUDES** Caffeine Alcohol Tobacco Dairy Products |
|  **Check any of the following illnesses you** **have had** |
| Polio Measles Small pox Diabetes Arthritis Eczema Anaemia Mumps |  Pneumonia / Pleurisy Rheumatic Fever Whooping Cough Chicken Pox Cancer Epilepsy Multiple Sclerosis Osteoporosis |
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| Torso shots.jpg |