

Keep Your Family

Healthy This Winter!

Do It Yourself

Home Medicine Cabinet

Stock your own home medicine cabinet with

**Dr. Richard Vuksinic ND.**

**Tuesday October 24th from 7:30 to 8:30pm**

**Join Dr. V. as he discusses strategies for keeping healthy during the winter months.  Dr. V. will explore immune support using nutrition and supplements.  He will also focus on anti-viral, and anti-bacterial herbal medicines appropriate for your home medicine cabinet.**